



Downingtown GYMNASTICS Safety Rules



- Temperatures will be taken prior to class. Anyone measuring 100.4 or higher will be sent home as per the CDC guidelines.
- NO parents allowed in building unless your child is 5 years old or younger. If you have a 5-under child, it is a limit to ONE parent or guardian, and no siblings unless the sibling is dancing in the following/previous class.
- For those parents that want to stay close by, you are welcome to wait in the parking lot and have a sign on your dashboard with your child's name in case you feel they may need you-in which case we will come find you. Otherwise, there is plenty to do while waiting for the class, including cafes, coffee shops, antiques, retail, an ice cream shop, Rita's, and a park, all within blocks of the studio. We are going to be strict about limiting bodies inside the building, so please respect this rule-and all others.
- **MASKS ARE REQUIRED AT ALL TIMES INSIDE THE BUILDING.** This is for gymnasts, even while active in class, staff, any parent that is allowed in, and a sibling waiting for their class in the waiting room. Snug fitting, over the nose and chin, over the ears/behind the head. No bandanas or scarves. This is an absolute must, and we will be extremely strict with enforcing this. If the mask is being pulled off, or even under the nose, you or your child will be asked to leave. These masks are our #1 line of defense, and this rule is not to be mean, but to keep everyone healthy and safe.
- **Drop off and pick up times are extremely important.** We have a small window between classes for sanitization. We need the children to be picked up promptly when class ends, and to not arrive more than 5-10 minutes early for their lesson. Please be changed and ready for class, instead of relying on changing at the studio.
- If a gymnast has a bag, please limit the size of it. *Everyone, please label all shoes, water bottles, personal hand sanitizers, warm ups, etc. We will not keep a lost-and-found. Anything left after a class will be disposed of.*
- Upon arrival, gymnasts will put their belongings on the floor in a hula hoop-which will be their home base. Classes are limited to 15 gymnasts, not including coaches. We will be using only 1 gymnastics apparatus per week + floor skills. This will allow for more efficient cleaning and focused attention during the shortened 45 minute period. The mats used will be the "show mats" versus the large blue foam/carpet flooring to also allow for more efficient cleaning in between classes, and clearly marked space for each gymnast.

To control the flow of traffic, we are adjusting the pick up/drop off locations for some classes. Please read on to the next page...

To control the flow of traffic, we are adjusting the pick up/drop off locations for some classes. Please read the following carefully...

when talking about the "front exit, it is a one-way door from inside that leads out to the front of the fire company on Pennsylvania Ave. This does not connect to the back parking lot by drive, so you either need to pull around the block to the front, or we will have a helper walk students to the back parking lot and you can stand outside your car

Monday 4:30-5:15 will enter their normal , back door (off Western Ave), and will exit the new front door.

Monday 5:30-6:15 will enter their normal, back door (off Western Ave), and will exit the new front door.

Monday 6:30-7:15 will enter their normal, back door (off Western Ave), and will exit the new front door.

Monday 7:30-8:15 will enter their normal, back door (off Western Ave), and will exit their normal, back door.

Figure 1, "normal" Back door off Western Ave



Figure 2, "new" Front exit door off Pennsylvania Ave

